

# CAMP WISE SUGGESTED PACKING LIST

BASED ON 5-7 DAY SUPPLY

## CLOTHING

- 8-10 T-shirts/tank tops
- 2 Long sleeve shirts
- 8 Shorts
- 2 Jeans/long pants
- 2 Sweatshirts
- 8-10 Underwear
- 8-10 Socks
- 2 Bras/sports bras
- 3 Pajamas
- 3-4 Swimsuits
- 1 Shabbat outfits (nicer than everyday clothes)

## OUTERWEAR

- 1 Raincoat/poncho with hood

## FOOTWEAR

- 1-2 Sneakers
- 1 Pair of rain boots
- 1 Pair of flip flops/slides/Crocs
- 1 Pair or shower shoes

## BEDDING

- 1 Sets of twin size sheets with pillowcases
- 1 Pillow
- Stuffed animals
- 1 Blankets or comforter
- 4 Towels
- 1 Laundry bag (WITH CAMPER'S NAME ON OUTSIDE OF BAG)
- 1 Sleeping bag for camping trips and overnights

## TOILETRIES

- 1 Soap/body wash
- 1 Shampoo and conditioner
- 1 Toothbrush/toothpaste
- 1 Deodorant
- 1 Comb or brush (hair ties, head bands if needed)
- 1 Shower basket with handle for all toiletry items
- 1 Sunscreen (minimum SPF 30)
- 1 Bug repellent (non-aerosol)
- 2 Contact lens case/contact solution
- 2 Glasses (an extra pair is required)
- Feminine hygiene products

## REQUIRED ITEMS

- 2 Water bottles – labeled with camper's name
- 1 Hat with brim for sun (cap or other)
- 1 Flashlight or headlight
- 2 Sets extra batteries for flashlight
- 1 Small backpack
- 1 Watch

## LETTER WRITING SUPPLIES (OPTIONAL)

**We highly recommend packing all letter writing items in one large Ziploc bag for easy access**

- 1 Pads of stationery/paper for writing letters
- 1 Case full of pens/pencils
- 2-4 Pre-addressed stamped envelopes or postcards for required letters home
- Other pre-addressed stamped envelopes for family or friends
- Blank envelopes
- Extra stamps
- List of addresses (family and friends)

*Be sure to practice addressing envelopes before camp*

## OPTIONAL ITEMS

- 2 Pairs swim Goggles/ear plugs
- 1 Battery-powered fan (no plug-ins)
- 2-3 Books and magazines
- 1 Journal
- 1 Camera (digital or disposal)
- 1 Deck of playing cards
- 1 Trail chair/camp seat, (e.g. Crazy Creek)
- Fun hat/costume
- 1 Sunglasses
- Musical instruments (guitar or smaller)\*
- Personal sports equipment\* (baseball glove, tennis racket, lacrosse stick)

*\* We provide all necessary equipment but some people prefer to bring their own*

If you are interested in purchasing labels, we recommend you look into these companies:  
• Label Daddy • Mabel's Labels • Oliver's Labels



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